## 桃園市私立福祿貝爾國小六大生活目標自我檢核表

## FROBL ELEMENTARY SCHOOL CHARACTER EDUCATION SELF-CHECKLIST

小朋友每天都比昨天更進步了嗎?以下檢核內容請依照「總是」得3分,「經常」得2分,「很少」得1分,「從未」得0分,計算您所得的總分,分數增加,就表示你是個精益求精、勇於挑戰自我的好孩子!加油喔!

Scores: always done - 3 usually -2 seldom -1 never-0 檢 核 內 容 W1 W2 W3 W4 W5 W6 W7 W8 W9 W10 在教室內要輕聲細語 Keep quiet, no yelling in the classroom. 排隊時不插隊, 不爭先恐後 Never cut in line. 守秩序 上課時: 先舉手後發言 Follow Raise my hand before talking. School 升旗或集會時: 保持肅靜, 仔細聆聽 Rules During an assembly, do not speak, and pay attention to the speaker. 我不和同學吵記或打架 No fighting with others. 我不在走廊上奔跑、嬉戲 No running, playing in the hallway. 我會保持座位及書包的整潔 Keep seats and schoolbags clean. 上完廁所會沖水 Flush the toilet after using. 我不會咬指甲 愛整潔 Don't bite nails. Keep neat 午餐後我會刷牙 and clean Brush teeth after lunch. 看到紙屑我會撿起來 Help to pick up the garbage on campus. 我會記得常洗手 Wash my hands often. 我每天會跟父母問好、說早安 Say Good morning to parents everyday. 我回答長輩時會說話,不會只點頭 有禮貌 When answering adults, I will use words not just nod my head. Be Polite 常說:請、謝謝、對不起! Always say "please", "thanks " and "sorry". 我不說髒話 Don't use bad words.

Greet teachers, drivers and visitors when I meet them.  進辦公室或別班教室前要先敲門 Knock on the door before entering.  我會自己早睡早起 I can get up and go to bed early by myself. 我會每天準時交功課 Hand in H.W. on time everyday. 考試前我會主動溫習功課 Before exams, I can review by myself.  我做事不半途而廢 Never leave a job unfinished. 不老是怪罪別人,我會多多要求自己 Don't blame others, look at my own actions first.  我會經常保持微笑 I can keep smile on my face.	
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I can keep smile on my face.	
與人說話時,我會將眼睛注視對方,不東張西望。	
Make eye contact with the speaker.	
我能做到勝不驕敗不餒 會尊重 If I win I do not brage if I lose I do not show a sad face	
Perpet	
others     找个就就	
Will not tell a lie.	
進門時,我會幫後來的人留門、扶門 I will hold the door for the next person entering.	
當我生氣時,我會試著去體會對方的心情	
When angry, I will try to understand other people's feelings.	
我會幫忙父母做家事	
I try to do some housework for parents.	
我會珍惜食物不浪費 I will not waste food.	
懂感恩 我會學習如何去愛人、關心別人	
Expressing   Learn how to love and be nice to others	
Gratitude 收到的禮物不分大小時,我都會心存感激	+
I appreciate every kind of gift.	
I give a hug to parents, and say "I love you" every day. 我會每天抱抱父母,並說我愛您(4)分	+
	+-
總分 Total	+
家長簽章 Parent's Signature	
導師簽章 Teacher's Signature	